



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Sean Flynn, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## SECOND SUNDAY OF LENT



### Mar 5 – 2nd Sunday of Lent

Genesis 12.1-4  
2 Timothy 1.8b-10  
Matthew 17.1-9

### Mar 12 – 3rd Sunday of Lent

Exodus 17.3-7  
Romans 5.1-2,5-8  
John 4.5-42

#### Parish Calendar

**Mon, Mar 6**  
9:00 am Mass

**Tue, Mar 7**  
9:00 am Mass  
9:30 am Lay Apostolate of Jesus Christ the Returning King  
6:00-6:45 pm 1<sup>st</sup> Communion Preparation Meeting  
7:00-8:30 pm Confirmation Preparation Meeting

**Wed, Mar 8**  
9:30 am Catechesis of the Good Shepherd

**Thu, Mar 9**  
9:00 am Mass with Sacred Heart Grade 8  
9:30 am Cenacle of Marian Movement of Priests

**Fri, Mar 10**  
9:00 am Mass  
9:30 am Flame of Love Prayer Group  
6:00 pm Way of the Cross

**Sat, Mar 11**  
4:00-4:25 pm Reconciliation  
5:00 pm Mass

**Sun, Mar 12 Third Sunday of Lent**  
9:00 am Mass  
10:30 am Mass

**\*Knights of Columbus hospitality & coffee after the 9 & 10:30am Masses. Everyone welcome!**  
\*and Mass will be available on the church website: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

**WAY OF THE CROSS** Please join us on Friday, March 10 at 6:00 pm in the church for Way of the Cross hosted by the Catholic Women's League. Everyone is welcome.

**To all parishes' generous faithful** Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

**Pope's Prayer Intention for March** For victims of abuse – We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

#### Mass Intentions

**Sat, Mar 4 – 5:00 pm**  
†Elaine O'Connor by Dan O'Connor & Family  
†Bert O'Connor by Phil Rocco  
In thanksgiving

**Sun, Mar 5 – 9:00 am**  
†Connie O'Brien by Pauline Foley  
Living and deceased members of Catholic Women's League

†Leo Gregory by Muriel & Family

**Sun, Mar 5 – 10:30 am**  
For the intentions of all parishioners

**Mon, Mar 6 – 9:00 am**  
†Mae O'Connor by Dan O'Connor & Family

**Tue, Mar 7 – 9:00 am**  
Intentions of Colin Bahen by Dolores & Warren Bahen

**Thu, Mar 9 – 9:00 am**  
Intentions of Michael McGinn by Michael McGinn Sr.

**Fri, Mar 10 – 9:00 am**  
†Gerald A. Kealey by Elaine Kealey

**Sat, Mar 11 – 5:00 pm**  
†Luigi Lolli by wife Bianca & Children

**Sun, Mar 12 – 9:00 am**  
For the intentions of all parishioners

**Sun, Mar 12 – 10:30 am**  
†Germaine Lalonde & Alice Herman by Pierre & Gaye Lalonde  
†Maria Girardi by Donella & Joe Gabriele

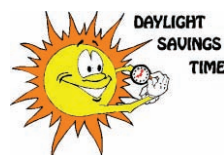


**Please pray for those who are sick:** Tara, Bruce, Marlene, Ron, Dan, Dorothy, Alma, Patrick, Gaye, Gerald  
**Please pray for those who have died:** †Michael Baine, husband of Deirdre

†Indicates Deceased

**PRAYER FOR VOCATIONS** For all our priests, who bring us to the mountain of Christ at every Mass and feed us with His transforming love in the sacraments, we pray to the Lord.

**2022 Official Donation Income Tax Receipts** are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.



**Daylight Saving Time Begins March 12th.** Before going to bed, remember to set your clocks ahead one hour on Saturday, March 11th!

*Word from the Pastor*

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.... Behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” What the voice said at Jesus’ baptism (“This is my beloved son, with whom I am well pleased....”) is repeated on the mountain, “This is my beloved Son. My favor rests on him.” But at the Transfiguration we also hear, “...listen to him.” During Lent we might resolve to be better listeners. To observe a kind of silence before we speak so as to listen better to those who speak to us in informal conversations, classes, political speeches, Sunday preaching, etc. For as the poet Gerard Manley Hopkins says, “for Christ plays in ten thousand places, lovely in limbs, and lovely in eyes not his”. It’s not too late to make a Lenten resolution, to be attentive listeners to Christ who speaks to us in “ten thousand places.” How can I practice a little more silence this Lent? Where can I go to hear Christ speak to me? What friend or relative always speaks the truth to me?

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

*Monsignor Joseph Muldoon*

**Eucharistic Adoration Evening:** An evening of Eucharistic Adoration, prayer and music this Lenten season. Saint Isidore Parish, 1135 March Rd, Kanata on Thu, Mar 16, 7-8pm. Info: [parish@StIsidoreKanata.com](mailto:parish@StIsidoreKanata.com)

**Stations of the Cross:** Reflecting and praying the Stations of the Cross is a popular devotion practiced in the church especially on Fridays of the Lenten season. Each station helps us to go deep in to the pivotal moments during Jesus’ Passion. Fridays at 7pm at Holy Rosary Parish. Info: 613-355-6023.

**Bible Study for Men & Women – ‘Unlocking the Mystery of the Bible’:** Helping you discover the story of salvation history and understand how you fit into God’s plan. Our Lady of Fatima Parish, 153 Woodroffe Ave, beginning **Thu, Mar 9, 7-9 pm** for 8 weeks. Cost: \$45. Hosted by Sister+Hood & Our Lady of Fatima Parish. Info: 613-806-0377; 613-722-7661; [sisterhood.live/programs](http://sisterhood.live/programs).

**Christian Life Program:** This Lent, Couples for Christ Ottawa invites adults of all ages and married couples to join its Christian Life Program, an 8-week journey to discover how to make the best of our lives and our family, just as God intends. Info: [www.cfcottawa.ca](http://www.cfcottawa.ca). At Holy Redeemer Parish, 44 Rothesay Dr, Kanata, **Saturdays, Mar 4 – Apr 29, 1-3pm**. Free. Info: [cfcottawa@couplesforchrist.ca](mailto:cfcottawa@couplesforchrist.ca).

**Colombia: defence of land and territory**

Colombia is home to nearly 10% of the planet’s biodiversity, yet it is also one of the most dangerous countries for people defending their land and territory against exploitation. Development and Peace — Caritas Canada’s partner, the *Asociación Campesina de Antioquia* (ACA, Peasant Association of Antioquia) supports peasant communities affected by armed conflict in defending their lives and territories and in building a culture of peace through filmmaking and art. This Lent, meet our solidarity visitor Raquel Soto, a participant in ACA’s documentary filmmaking school. Learn more at [devp.org/lent](http://devp.org/lent).



**Exposition of The Most Blessed Sacrament:** Every Saturday during Lent, 2-3:30pm at St. John the Evangelist Parish, 2540 Stagecoach Rd, Osgoode. Info: 613.821.5000.

**New Life Retreat:** You are invited to take part in a life-changing, faith-building experience. Join this weekend and receive a new infusion of grace and power to live the Christian life. **Fri, Mar 17 – Sun, Mar 19** in-person at St. Mary’s Parish, 100 Young St, Ottawa. Info & registration: [www.stmarysottawa.ca/new-life-retreat](http://www.stmarysottawa.ca/new-life-retreat) or call 613-224-5723. Free will offering.

**Holy Spirit Empowerment Workshop:** Learn how to empower your growth in Holiness, your calling to be an Apostle for Christ, and your service within the Body of Christ. Join a workshop aimed at opening our hearts & minds to the transforming power of the Holy Spirit. St. Augustine Church, 1060 Baseline Rd, 5 Mondays starting **Mar 20, 7:30-9:00pm**. Hosted by People of Joy Prayer Group. Info: [mommycouse@gmail.com](mailto:mommycouse@gmail.com) or [www.peopleofjoy.ca](http://www.peopleofjoy.ca).

Kelly Funeral Home, 580 Eagleson Rd, Kanata is currently recruiting a **part-time Funeral Director Assistant and Host/Hostess position** to work weekends, weekdays and evenings. This position is casual part time. For more information email Richard Nolan, Funeral Home Manager [rnolan@arbormemorial.com](mailto:rnolan@arbormemorial.com)

**Practical bits of wisdom from St. Francis de Sales on authentic, holy friendship:** “It is necessary to find those who will support us and need our support in promoting the devout life.” Authentic, holy friendship depends on two people supporting, even at times correcting, each other on the path to holiness.

*The Archbishop’s Lenten message and the Pope’s Lenten message are available on the counter – please take one.*

# LAURYSSEN

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